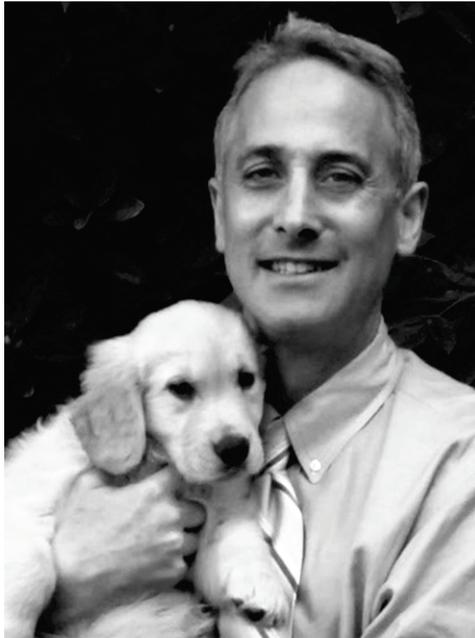


Children
Adolescents
Adults
Elders

Individuals
Couples
Families
Groups



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Psychologist

Professional Interests / Specialties:

I have treated children, adolescents, couples, families, and adults suffering from ADHD, anxiety, depression, anger and communication problems for over 25 years. I utilize a certified therapy dog to help children communicate more effectively in treatment. I specialize in completing comprehensive psychological evaluations for ADHD, learning difficulties, and employment problems. I treat individuals and families having difficulties with marital and parenting problems as well as blended family issues, chronic illness, substance abuse, school, and work related problems. When I work with adults, my approach emphasizes acceptance work, and finding balance, meaning, and fulfillment in relationships and careers. My treatment also focuses on assisting individuals as they strive to achieve optimal physical and emotional health. I have advanced training in hypnosis, meditation instruction, visualization, and deep relaxation techniques that effectively treat anxiety, PTSD, depression, and ADHD. Clients quickly gain the skills to practice these techniques at home. I also have extensive experience providing couple's therapy and parent counseling, and I emphasize building empathic communication and practical solutions for parenting, couple's and other family problems.

Education:

B.A. Psychobiology, Humboldt State University, M.A. Psychology, Humboldt State University, Ph.D.- Clinical Psychology, California School of Professional Psychology-Berkeley

Background / Experience: , APA Pre-doctoral Internship, St. John's Hospital Child Study Center, Santa Monica, CA with emphasis in play and family therapy. Post-Doctoral Fellowship, Kaiser Permanente Medical Center- Martinez, CA, with special focus in short-term, solution focused therapy. Consulting psychologist, Jewell School (K-12), Clatsop County, OR. , Veteran's Administration senior compensation and pension examiner, with specialty in diagnostics. Private family practice, with emphasis on the treatment of anxiety, depression, ADHD, as well as parent, couple's and family therapy.

Professional Affiliations / Activities:

American Psychological Association
Oregon Psychological Association
American Mental Health Alliance Oregon (AMHA-OR Metro)
AMHAConnectingCARE

Wheelchair Access: Yes